



# 1-2-3 Magic & Emotion Coaching

**RESOLVE DIFFICULT BEHAVIOUR IN CHILDREN 2-12 YEARS OLD**

**A PARENT EDUCATION COURSE**

**AT** Sarina Neighborhood Centre

**ON** 3 x 2 hr workshop 15<sup>th</sup> Feb and 22<sup>nd</sup> Feb  
Third workshop to be determined by attendees

**AT** 9.30 – 11.30

## PARENTS WILL LEARN

- How to discipline without arguing, yelling or smacking
- How to sort behaviour
- How to handle challenging and testing behaviours
- Choosing strategies - the 3 choices model
- Using emotion coaching to encourage good behaviour
- Strategies for encouraging good behaviour

*Limited #  
Available*

## PARENTS RECEIVE

- A workbook to apply the concepts learnt to their families
- A certificate of completion

## WHO IS RUNNING THE COURSE?

The course facilitator is **Sharon Ashman**  
MPAS, MMHN, CMHN

## INVESTMENT

**\$129.00**

## REGISTER TODAY

Sharon Ashman - 0418708214

E – [personaltransitions@bigpond.com](mailto:personaltransitions@bigpond.com)

W-[personaltransitions.com.au](http://personaltransitions.com.au)

**To register – request enrolment form - from above email**

  
**Personal Transitions**  
"Turning Life into Living"

Parentshop has helped over 160,000 people. Our practitioners are qualified professionals who are experienced in working with children, youth and families.

**An end to arguing and yelling – It changed our lives – Simple, sane, effective**

This course is being facilitated by a Parentshop licenced practitioner | [www.parentshop.com.au](http://www.parentshop.com.au)